



HELLENIC
CLUB OF CANBERRA

**RESPONSIBLE SERVICE OF ALCOHOL
POLICY**

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The Hellenic Club of Canberra has a policy to serve our members, and their invited guests, in a responsible, friendly, and professional manner.

Our staff are on hand to assist the patrons in their decision to drink in moderation and, where appropriate, to help you avoid the dilemmas of combining drinking with driving. Staff will not serve any person under the age of 18 years, nor will they serve any patron to the point of intoxication. Our staff are trained in the Responsible Serving of Alcohol and are obliged by law to refuse service of alcohol to any patrons considered to be intoxicated.

Our aim is to provide all patrons with a venue for enjoyment and relaxation. Consequently the following processes are followed to ensure the Responsible Service of Alcohol:

- *Implementing, monitoring and modifying on an ongoing basis, the Clubs RSA Policy;*
- *Preventing under age drinking by insisting on valid identification (current drivers licence, proof of age card or current passport);*
- *Preventing intoxication, by recognising the signs of intoxication and avoiding serving anyone to the point of intoxication;*
- *Denying entry to persons already intoxicated;*
- *Managing intoxicated anti-social or disruptive patrons;*
- *Providing and extensive range of non-alcoholic beverages and food options;*
- *Supporting safe transport options; and*
- *Abiding by the various laws which control the sale and service of alcohol.*

This policy in no way limits people's choice to drink and enjoy themselves. We want all patrons to enjoy themselves. What we don't want to do is allow people to drink to excess and place themselves, our other patrons and the community, at risk. By working together we can create a safe, enjoyable and friendly atmosphere for all.

How much can you drink?

Everyone reacts differently to alcohol. Your blood alcohol level may be quite different to someone else who has consumed the same amount of alcohol. External factors such as illness, some medications and missing meals can also affect the blood alcohol concentration reading.

A general guide is to count the number of drinks consumed. It is commonly accepted that men can remain under the legal limit if they consume no more than two standard drinks in the first hour and one each hour thereafter and, for women, no more than one drink each hour.

What is a standard drink?

- *1 middy of beer (285ml)*
- *2 middies of light beer (each 285ml)*
- *1 nip of spirit such as brandy, whisky (30ml)*

- *1 mixed drink such as brandy and dry or gin and tonic (1 x 30ml nip of spirit)*
- *1 glass of red or white wine or champagne (100ml)*
- *1 glass fortified wine or port (60ml)*

What is an intoxicated person?

An intoxicated person will usually display some of the following behaviours:

- *Loud, boisterous or disorderly;*
- *Bad tempered, aggressive or physically violent;*
- *Loss of co-ordination, i.e. spilling drinks, fumbling with change, falling down or bumping into furniture; and*
- *Decreased alertness, i.e. dozing or sleeping at a bar or a table, rambling; conversation, confusion or glassy eyed.*

Any of the above behaviours may be used by Hellenic Club staff as indicators to determine if a patron is possibly intoxicated.